

Online parent/carer workshops provided by Open Minds

A rolling programme of online workshops focusing on different areas. Places are limited to allow for tailored discussion and recommendations. Use the below link to book.

openmindscamhs.org.uk/parent-carer-workshops

Consultation with a signposting and advice worker provided by Open Minds

Individualised telephone support and signposting for parents/carers with children on an Open Minds waiting list, tailored to your needs.

northpoint.jotform.com/221463042996863

Healthy Futures Calderdale school nursing team

The Healthy Futures Calderdale school nursing team can provide advice and support around physical and emotional wellbeing for school-aged children and families. They can also refer onto specialist services.

The team can offer support on a wide range of health issues, from sleep and healthy eating to allergies, continence, complex health needs, puberty, behavioural problems, emotional wellbeing, relationships, and bereavement.

healthyfutures@calderdale.gov.uk - 0303 330 9974

locala.org.uk/ereferrals/school-nursing-calderdale

Locala health visiting team

Health visitors are qualified nurses or midwives who have done additional training. They offer support and advice on a range of health issues for children aged 0 to 4 and their families who are residents in Calderdale. They aim to enhance health and wellbeing, and reduce health inequalities through a proactive, universal service.

030 0304 5076

locala.org.uk

Family support

A dedicated team that can work with you to develop a plan of support to suit you and your family. They offer practical, friendly advice to help you deal with any aspect of family life.

Parenting support is available to all parents. Some of this work is in groups, drop-in sessions or one-to-one in your home or in children centres.

Please contact the team for your area.

Run by North Halifax Partnership

North and East Halifax: 01422 251 090

Lower Valley: 01484 386 621

Run by Halifax Opportunities Trust

Central Halifax: 01422 434 971

Upper Valley: 01706 399 976

Early help services directory

Visit the below link for services including:

- Kooth (online counselling)
- Young Carers
- Time Out (socialising and relaxing)
- Youth Justice
- Branching Out (drug and alcohol support)
- Positive Futures (offering alternatives to anti-social behaviour)

calderdale.gov.uk/v2/residents/education-and-learning/parental-support/early-help-pathway/services

The Brunswick Centre

LGBTQ+ Positive Identities service in Calderdale for children, young people and their families.

01422 341 764

thebrunswickcentre.org.uk/news/calderdale-lgbtq-youth-service

West Yorkshire Healthier Together

wyhealthiertogether.nhs.uk/parents/carers/neurodiversity/

wyhealthiertogether.nhs.uk/health-young-people/mental-health

Voluntary sector services

Unique Ways

Calderdale based charity offering support, guidance and a range of free services to parents and carers with disabled children, or those with additional needs.

01422 343 0900 (Monday-Friday 10:00-15:00 during term time)

uniqueways.org.uk

National Autistic Society – Calderdale branch

A volunteer service who offer resources, a service directory, peer support and regular social events.

calderdale@nas.org.uk

calderdalenas.org.uk

S4NDS – Society for Neurodiversity

S4Nd welcomes anyone with any neurodevelopmental differences, diagnosed or not, and those that choose to self-identify.

S4Nd welcomes families, friends and allies too.

enquiries@s4nd.org

s4nd.org

West Yorkshire ADHD Support Group

A charity supporting anyone affected by ADHD. This includes both adults and children with or suspected of having ADHD, and also their parents/carers and siblings.

<https://www.wyadhd.org.uk/>

Specialist support for families with children looked after

Calderdale Children Looked After team

01422 25605

Specialist support for adopted children and their families

oneadoptionwy@leeds.gov.uk

Specialist support for families with special guardianships

sgosupport@calderdale.gov.uk

Additional recommended online resources

Ambitious about Autism

A useful online resource covering a wide variety of information and a parent toolkit.
ambitiousaboutautism.org.uk

Autism Education Trust (AET)

A not-for-profit programme led by two national autism charities. This is a DfE backed site with evidence-based information and resources. The parent resource section is particularly helpful.
autismeducationtrust.org.uk

Dingley's Promise

A family support offer is available to families with children aged 0-5 with special educational needs and disabilities (SEND) or developmental delay. Anyone from any area can access online resources and helpful videos, sensory stories, sleep advice and more.
dingley.org.uk/our-family-support-offer

Sheffield Children's NHS – sensory resource

A bank of resources, including support videos and helpful approaches around sensory needs.
sheffieldchildrens.nhs.uk/services/child-development-and-neurodisability/sensory-processing-difficulties

The OT Toolbox

Occupational therapy and sensory resource bank. The free parent resources include developmental milestone charts, educational materials, occupational therapy at home activities, and advocacy resources.
theottoolbox.com/category/free-resources

Avoidant/Restrictive Food Intake Disorder (ARFID) awareness

For information and support around ARFID.
arfidawarenessuk.org

Mindmate

A resource created in Leeds to support many aspects of mental health for young people, includes a specific neurodiversity section.
mindmate.org.uk

West Midlands Autism Resource Toolkit

Autism resources and downloadable information sheets covering a wide range of topics, grouped into adults and family sections.
autismwestmidlands.org.uk/online-resources/

The ADHD Foundation

This is service for people who live with ADHD, Autism, Dyslexia, Dyspraxia, Dyscalculia and Tourette's syndrome.
<https://www.adhdfoundation.org.uk/resources/>

Autism Central

Commissioned by Health Education England and run by leading not-for-profit organisations supporting families and autistic people. Includes resources and signposting.
autismcentral.org.uk/

Support for parents/carers of children with Special Educational Needs/Disabilities (SEND)

Specialist inclusion teams (ASD Team, Early Years Special Education Needs, Disabilities and Portage Team)

Calderdale Local Authority support for families and early years providers in meeting the needs of young children with complex communication needs/neurodevelopmental needs.

specialistinclusion@calderdale.gov.uk - 01422 394114

Calderdale Special Educational Needs Information, Advice and Support (SENDIASS)

Legally-based, impartial, confidential support for parents of children/young people with special educational needs and/or disabilities about their education and care needs for those aged 0 to 25.

info@calderdalesendiass.org.uk - 01422 266141

calderdalesendiass.org.uk

What Next?

See Calderdale's Preparing for Adulthood SEND brochure here:

https://www.calderdale.gov.uk/v2/sites/default/files/Calderdale_What_Next_Brochure_FINAL_19.03.19.pdf